



## Today's Take-Aways

### Senior Leadership Team

- Today and tomorrow we have some guests on site who are assisting us with a visual audit of our public areas. Having detailed feedback from outsiders who are seeing our spaces with fresh eyes will help guide us in making improvements to the way patients and visitors see our facilities. We look forward to sharing some of this feedback at a future date.

### Infection Prevention and Control

- As we continue to make changes to our universal masking protocols at PRH, it is important to remember the difference between masking for source control and masking used for personal protective equipment (PPE).

#### Source Control:

- Using a mask for source control is meant to control the virus at the SOURCE to help protect others.
- It is meant to limit the spread of the SOURCE's exhaled infectious respiratory particles.

#### PPE:

- Using a mask or respirator for PPE is intended to control the virus at the WORKER level (protecting the person who is wearing the mask or respirator).
- It is meant to act as a barrier or limit the inhalation of infectious respiratory particles.

Remember to ALWAYS follow posted additional precaution signage and complete a point of care risk assessment to ensure that you are wearing the appropriate PPE to protect yourself from becoming infected with known or suspected infectious particles.

### Projects

- Why transform Medication delivery at PRH? Medication incidents have consistently been the top reported type of patient related incidents at PRH. Through the use of Automated Dispensing Units (ADU), improvements will be made in medication storage and tracking, medication withdrawal and transfer to bedside, as well as display of patient and drug information.

Pembroke Regional Hospital Is Proud To  
Recognize And Celebrate



Pembroke  
Regional Hospital  
Is Proud To  
Recognize and  
Celebrate

National  
Indigenous  
History  
Month  
2023



## Today's Take-Aways Continued

Implementing an electronic medication delivery system is also an essential step towards digital transformation. The goal is to go live with ADU's by the spring of 2024. This will bring us one step closer to a full electronic medication system!!

### Departmental Updates

#### Information Technology

- Due to technical issues at The Ottawa Hospital (TOH), the email password update scheduled for May 31st has been postponed to June 6th. A memo with further details about what you will need to do starting June 6th has gone out earlier today.

#### Lab

- Please be advised that the Lab has recently updated their access security. As a result, everyone will need to use their badge to access the main Lab door 24/7.

#### Maintenance

- Please note that the bike storage area behind the cafeteria is still under construction. The work is scheduled to be completed next week. In the meantime there are bike racks at the staff entrance as well as at the Emergency entrance. Thank you for your patience and understanding.

#### Medical Program

- All Medical patients have now been consolidated on our Medical 3B unit. While this change has not come without its challenges, we want to thank everyone involved in this transition for their hard work, dedication and patience. We will monitor patient flow on an ongoing basis and we have allocated additional space on the 2nd floor, Tower A, for Medical patients should the need arise. Our priority remains delivering the highest standard of care and ensuring the well-being of our patients.

#### Surgical Program

- The next step in our Surgical Redevelopment Project will be the move of our inpatient Surgical program and patients to what was 2nd Medical's south wing for a period of approximately 12 months. This move is scheduled to take place on June 8th and we would like to thank all involved for their work to date on this aspect of the project.

## Emergency Preparedness

On May 29th, a Code Yellow tabletop exercise was completed by members of the Management team. This exercise was an opportunity for those involved to work through the processes that take place when a patient is missing. Thanks to all who took part.

During the exercise, some improvements to the policy and resource documents were identified. These include:

- Noting if the missing patient has been identified as a risk due to violence on the missing patient description log
- Indicating on the missing patient description log what steps need to be taken if the patient is found.
- Adding a statement to the bottom of the missing patient description log to shred the document once the Code Yellow has ended.
- Guidelines for how to interact with the OPP if a patient is not able to be formed.
- Identifying how frequently an active Code Yellow status (stage 2) should be announced overhead.

# Connecting with the CEO - In Case You Missed It

**May 19, 2023**

In lieu of a particular topic this week, I wanted to connect with you to gather feedback about this new communication tool we are using, especially now that we are 11 weeks in - and I'd also like to invite you to provide input on the types of topics you might want to see covered in the coming weeks and months.

As mentioned in my first update on March 24th, "Connecting with the CEO" is designed to provide short, weekly updates for our staff, physicians and volunteers on timely and topical items. In many cases, these updates are designed to provide more detail and clarification on things happening at the hospital, while ensuring you receive that information first-hand.



Perhaps you have heard something on the news that impacts the health care sector, or maybe you've heard rumours or snippets of information from co-workers, or at a huddle, about something happening at Pembroke Regional Hospital that you want to know more about – then I want to hear from you! In fact, there's a good chance that if you have questions about something, others may too.

Please forward any feedback or topic suggestions, or questions to [carolyn.levesque@prh.email](mailto:carolyn.levesque@prh.email). Together, she and I will prioritize your input and determine the best and most timely ways to respond and share information. I look forward to hearing from you.

**May 26, 2023**

Many of you may have noticed that our 2nd Medical unit has been void of patients for a couple of weeks now and instead, all Medical patients have now been consolidated on our Medical 3B unit. While this change has not come without its challenges, we want to thank everyone involved in this transition for their hard work, dedication and patience as we continue to welcome staff feedback on ways to ensure this consolidation works well for all.

In addition, given the reduced number of Medical admissions we have seen in recent months, we have decided to temporarily reduce the number of Medical beds by five for the summer period, starting May 26th.

While this decision was made to ensure optimal use of our resources and provide efficient patient care, we want to emphasize that this consolidation and bed reduction will not result in any staff reductions. In fact, to ensure transparency and address any concerns or questions, we have already met with both CUPE and ONA local executives, and their support in sharing this decision and assisting their members is greatly appreciated.

Rest assured, we will closely monitor patient flow on an ongoing basis and we have allocated additional space on the 2nd floor, Tower A, for Medical patients should the need arise. Our priority remains delivering the highest standard of care and ensuring the well-being of our patients.

This consolidation has also laid the groundwork for the latest phase of the Surgical Renovation Project that requires us to relocate our inpatient Surgical unit to the 2nd floor of Tower A for a period of approximately one year.

The Medical and Surgical teams have been working diligently to prepare for this upcoming move and once again we want to thank all involved and are hopeful that all of the care planning will result in a smooth transition.

In the coming weeks I hope to be able to provide further updates on this and other aspects of construction and renovation including the work being done on the 4th floor Obstetrics areas.

Thank you for your continued commitment to our patients and our hospital. Your efforts are instrumental in maintaining our exceptional standards of care.

# Foundation News

Pembroke Regional  
Hospital Foundation



Fondation de l'Hôpital  
Régional de Pembroke

## LAST EARLY BIRD DEADLINE IS JUNE 8

WIN A HOME  
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50/50 Draw LL #1304407



Week #33 You Could Win over  
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[www.PRHcatchtheace.ca](http://www.PRHcatchtheace.ca)

### Guardian Angel



### Victoria Fritz

"Victoria was our nurse during the delivery of our son Tye on April 16th, 2023. She made us feel comfortable and answered any questions we had efficiently. You would never know she took a break as she was always in to check on us through the whole process. She exemplified a great team leader, coach and role model to both her co-workers and ourselves. She was positive, outgoing and provided the encouragement that was needed. She even made sure to come back at the end of her shift to make sure all was well and to congratulate us once more. Thank you to Victoria and the rest of the LDRP team for making our experience so wonderful, we will always be thankful! Victoria, you do represent what a Guardian Angel really is!"

### Inpatient Rehab Team

"Everyone on the rehab unit is considered an Angel to us. Thanks again from the bottom of our hearts."



# Celebrating A Successful Community Week 2023

The Medical Affairs team is excited to share that 12, first year Medical students from the University of Ottawa enjoyed a fun-filled week at PRH, May 23rd to 26th as part of the *uOttawa Community Week* facilitated by ERMEP (The Eastern Regional Medical Education Program).

This annual event provides the students who are primarily from urban areas, with an opportunity to see what rural medicine has to offer. We promote the many avenues of rural medicine, from community-based primary care to specialty medicine. Since many of the students hadn't considered practice outside of a large urban centre, this event plants the seeds for recruitment early in their studies.

Throughout the week, students rotated through community-based practices and the hospital where they were exposed to work in the Emergency Department, General Surgery, Orthopaedics, Obstetrics, Family Medicine, Urology, Ophthalmology, Psychiatry, and Diagnostic Imaging. The students worked one on one with their preceptors and said they learned so much.

While here, the students also get to socialize with members of our physician team and experience some of what the area has to offer through a variety after-hours activities.

This year, this included a cooking class and group dinner at J&E's Bored n'Saucy where Dr. Lyndsay Lane, Dr. Shannon Zhang, Dr. Raluca Antonescu, Dr. Sarah Leavey and Dr. Hannah Hopper (Family Medicine Teaching Unit Resident) joined the group for tasty Tuscan chicken with rice.

On Thursday, the group headed out to Wilderness Tours where they had an afternoon of white water rafting. Long time Community Week supporter and Wilderness Tours President Joe Kowalski popped by to chat with the students, while Dr. Sarah Leavey, Dr. Chris de Jesus, Dr. Amanda Williamson and Dr. Nivethan Vela (General Surgery Resident), participated with the crew.

Special thanks to Dr. Chris de Jesus for the Casting Session, and Erin Van Allen, Critical Care Educator for some CPR and ACLS mini sessions.

Many thanks to those in the community who posted welcome messages to the students on their digital signs: Speedpro signs, Pembroke Memorial Centre, Mulvihill Drug Mart and the Renfrew County Catholic District School Board.



# CELEBRATIONS

To include a special message in this section, email [celebration&recognition@prh.email](mailto:celebration&recognition@prh.email).

- Sarah Selle celebrated **Hope Weisenberg** for her wonderful work on the Rehab Mentorship Program. The program was very well developed and has been great feedback from staff on how well it was implemented and showed excellent results. Thank you for doing such a great job! *Sabine*
- Kids Health Alliance recognized **Jessi-Lee Barney in the Emergency Department** for her leadership in paediatric care. Her expertise and support shown to others on the team makes such a difference in improving the care to kids within our area who are in need of our help! Thank you Jessi-Lee for supporting our team and patients! *Beth Brownlee, Laurie Menard and Kaley Lapierre*
- "Our **ED Clinical Extern Rosemary** shows high initiative and truly tries to assist everyone as best as she can, within her scope. She listens to everyone and accepts constructive feedback well. She has a strong foundation to be an excellent health care professional." *Brian Plinke*
- Melanie Henderson celebrated **Carolyn Levesque (Public Affairs and Communications)** for organizing the Volunteer Celebration Dinner. She said it was beautiful and everyone was so very happy, thank you for all your work on this! *Sabine*
- Beth celebrated **Katie Hollahan (Medical Affairs)**, for being on top of everything all of the time and for her great communication to share the information as soon as it is available. Thank you for doing such a great job! Thank you, *Sabine*
- "I'd like to celebrate **Dr. Needham-Nethercott** for facilitating a Lunch and Learn in the ICU on June 30th. Thank you for your continued support!" *Kaley Lapierre*
- The Finance Team would like to celebrate and recognize **Elaine Taylor and Amber Bulmer** for working countless hours, including evenings and weekends, to ensure that PRH had a successful financial audit for 2022-2023. We appreciate their leadership and dedication to the Finance department to make sure everything runs smoothly and efficiently.

## PEMBROKE PRIDE WEEKEND By Pembroke Pride



### PRIDE WALK

Karaoke in the park before the walk at 5:30 PM. Pembroke Pride Walk Kicks Off through Downtown Pembroke at 6:30 PM. Pride Walk Afterparty with local performers and MC Chris Kyte at 7:30 PM.

### PRIDE FESTIVAL

Vendors, Resources, Live Music, Bouncy Castles, Adopt a unicorn at Unicorn Garden, On-Site art, and more! DJ Erica Energy will have the music going all day!

### DRAG SHOW

19+, \$5 Cover Fee. Call Restaurant to reserve your table. Featuring: Monroe St. Honeybee, Cleo Stevens, Dysphoria, Katarina Jones, and Toxxic Waist.

### PRIDE PROM

River Of Rainbows Pride Prom: For the young and young at heart! Free dance for all ages. Prom Wear encouraged! Music by DJ Erica Energy.

### PFLAG PICNIC

Activities, Music and Social Time. Bring your own lunch or Pre-order lunch from Little Things Canning Company! Snacks from Thai Gardens will be available as well.

### FAMILY BONFIRE

Camp Songs, Skits, and Treats around a Campfire!

For More Information , Head to Pembroke Pride's Facebook Page!

June 2nd at 5:30 PM.  
Pembroke Amphitheatre

June 3rd from 11 AM-3 PM.  
Pembroke Amphitheatre

June 3rd at 8 PM.  
Janna & Kerry's

June 3rd at 7 PM.  
Studio Dreamshare

June 4th from 11 AM-2 PM.  
Upper Ottawa Valley Heritage Centre

June 4th at 8 PM.  
Riverside Park (Beach)

Pembroke Regional Hospital

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# Tour de BONNECHERE



Sunday

August 27, 2023

Four Scenic Routes from Wild to Mild

- 100 km Monarch of the Mountains ~
- 65 km Bonnechere Beauty ~
- 50 km Gravel Grinder ~
- 20 km Cave Coaster ~
- OR Create your own virtual route

Celebrate after with Live Entertainment BBQ ~ T-shirts ~ Door Prizes

Money raised will support mental health initiatives throughout Renfrew County, the Eganville Food Bank as well as the vital work of other partner community agencies.



For more information and to register online visit: [tourdebonnechere.blogspot.com/](http://tourdebonnechere.blogspot.com/)

JUNE IS

# Stroke Awareness Month!

## Missing Photo Storage Box

Have you seen a dark green photo storage box - the size of a shoe box?

It will be half to two-thirds full of PRH photos from the early 2000s.

Someone borrowed it within the last several months from the Foundation office to look for some old photos and we haven't seen it since!

If you borrowed this item or have seen it somewhere at PRH, please call Carolyn at ext. 6165 as soon as possible or return it to A128 (next to the Foundation office)

Thank you.

# Equity | Diversity | Inclusion

## Upcoming Recognition and Celebration Dates

### June

National Indigenous History Month

Pride Month

Stroke Awareness Month

Canadian Armed Forces Day - June 7

Father's Day - June 19

Canada Day - July 1

Civic Holiday - August 3



# New Spring Line: PRH Clothing and Accessories



**Yoga Jackets** (Women's and Men's styles) **\$60**  
• Optional embroidery on the right sleeve \$5 extra

**T-Shirts** (Women's and Men's styles) **\$30**  
• Optional embroidery on the right sleeve \$5 extra

**Ball cap** **\$38**

*\* Tax and PRH embroidered logo included in price. Spring/Fall jackets and fleece sweatshirts are still available to order as well.*

Please note that all PRH items are sold at cost. As a result, no additional discounts will be applied.





**2023**  
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### Pleo and Partners Mobile Support Group

For parents/caregivers of youth up to age 25 who are living with mental health/addiction challenges

3rd Tuesday of Every Month from 6:30pm - 8pm



#### Upcoming sessions

- 01 April 18, 2023 - Eganville**  
Bonnechere Union Public Library (74 Maple St)  
Partner: Pembroke Regional Hospital
- 02 May 16, 2023 - Petawawa**  
Health Centre (154 Civic Centre Road)  
Partner: Petawawa Centennial Health Centre
- 03 June 20, 2023 - Cobden**  
Anglican Parish Hall (29 Crawford St)  
Partner: ConnectWell
- 04 July 18, 2023 - Deep River**  
Deep River Public Library (55 Ridge Road)  
Partner: North Renfrew Family Services

Visit [pleo.on.ca](http://pleo.on.ca) for more information

More than 90% of parents we support feel:

- ☑ better able to cope
- ☑ better able to support their child
- ☑ better able to access the services they need
- ☑ less anxious, isolated and stressed

Still have questions? Please call 1-855-775-7005 or email [bonnie@pleo.on.ca](mailto:bonnie@pleo.on.ca)